



2021 Pre-season Twilight @ Gosford - Information Sheet

As part of the Central Coast Heart's commitment to a thriving, passionate netball community on the Central Coast, you are invited to play pre-season twilight @ Gosford for four weeks at Adcock Park from Friday 5 March to Friday 26 March.

- 1. Teams to register on-line at the link at www.centralcoastheart.com.au Entry forms must be submitted along with payment of team entry fee by Thursday 18 February to secure a place at Pre-season Twilight**
2. Entry fee is \$250 per team. This covers up to twelve players regardless of whether they will be playing with a club or association during season 2021.
3. Games will be scheduled at 5.30pm & 7.00pm with younger teams playing first and seniors/mixed playing later. Times are subject to change depending on the number of rounds needed to accommodate all teams. Games will be played at the same time each week.
4. Teams will be graded as follows (subject to registrations): 6/7s, 8/9s, 10/11s, 12/13s, 14/15/16s, seniors and mixed netball.
5. Mixed teams are to have three male and four female players on the court - with one male playing in the attacking circle (GS/GA), one in the defending circle ((GK/GD) and one in the mid-court (WA/C/WD).
6. All players in each team must wear similar uniforms i.e. the same colour shorts/skirts and the same colour tops/shirts, etc.
7. Each team is to supply a competent, non-playing umpire with their own whistle, a scorer, bibs and a ball.
8. A representative of the winning team is to return the score sheet to the recording table at the end of each game.
9. Matches will consist of 12 minute quarters.
10. Teams are required to play each scheduled match. There will be a \$100 forfeit fine for not fielding a team.
11. Central Coast Heart will not be responsible for any injuries incurred during pre-season twilight.
12. Photos may be taken by Central Coast Heart during twilight for promotional purposes.

Further information: info@centralcoastheart.com.au or 0459 193 400