Coach - Amber Cross Assistant Coach - Laura Towell Manager - Megan Sharpe

Charlee Belcher Samantha Chicken Stephanie Galen-Mitchell Taylah Kiss Maddison Mueller Brooklyn O;Mara Millicent Roach Jazmyn Rodwell (captain) Madeleine Taylor (co-vice captain) Rylee Towell Hope White Madalyn Wild (co-vice captain)

Finished season in 5th place (eight wins, eight losses).

Athlete of the Year - Brooklyn O'Mara Players' Player - Madeleine Taylor

2023 Premier League Under 23s

Coach - Kirstie Fuller Assistant Coach - Alicia Walsh Manager - Jenene Carling

Savannah Angelozzi (co-vice captain) Ella Butcher Laicy Costigan Acacia Elers Jayda Grant Ella Jessen Jemma Lucas (co-vice captain) Ellie McCaughan Imogen McCulloch Maraea Paea Allie Read Aela Streatfield (captain) Grace Walsh

Finished season in 6th place (seven wins, one draw, eight losses).

Athlete of the Year - Ella Jessen Players' Player - Savannah Angelozzi

Achievements

Coach/Manager - 100 Premier League games for Central Coast Heart - Megan Sharpe

Coach - Amber Cross Manager - Megan Sharpe

Erin Asquith Samantha Chicken Maddison Mueller Brooklyn O;Mara Zoe Peden Eliza Perkins Jazmyn Rodwell Madeleine Taylor (vice captain) Dakota Thomas Alicia Walsh (captain) Madelyn Wild

Finished season in 2nd place of Conference A (eight wins, five losses) and grand finalists.

Athlete of the Year - Dakota Thomas Players' Player - Dakota Thomas

2022 Premier League Under 23s

Coach - Kirstie Fuller Assistant Coach - Jade Nicoll Manager - Jenene Carling

Savannah Angelozzi Charlee Belcher Ella Butcher Jacinta Clark (vice captain) Kate Love (captain) Jemma Lucas Milly Lupo Maraea Paea Aela Streatfield Olivia Taylor Hope White

Finished season in 2nd place of Conference B (eight wins, one draw, four losses) and semi-finalists.

Athlete of the Year - Hope White Players' Player - Ella Butcher

Achievements

Played 100th Premier League game for Central Coast Heart - Maddie Taylor Coached 100th Premier League game for Central Coast Heart - Amber Cross

Coach - Amber Cross Assistant Coach - Kirstie Fuller Manager - Karen Hawley

Erin Asquith Demi Evans Leanne Grevenitz Tarsha Hawley Kristen Kessler Maddison Mueller Brooklyn O;Mara Zoe Peden Eliza Perkins Laura Rodger Jazmyn Rodwell (co-captain) Madeleine Taylor (co-captain) Dakota Thomas

No results awarded as competition abandoned after 13 rounds when team was in 3rd place (nine wins and four losses).

Athlete of the Year - Madeleine Taylor Players' Player - Laura Rodger

2021 Premier League Under 23s

Coach - Megan Sharpe Assistant Coach - Jade Nicoll Manager - Jenene Carling

Ella Butcher Savannah Castellino Jacinta Clark Isabella De Vivo Eliza Hand Gillian Leecroft Abbie Leyshon (captain) Milly Lupo Aela Streatfield Olivia Taylor

No results awarded as competition abandoned after 13 rounds when team was in 9th place (one win, eleven losses and one draw).

Athlete of the Year - Aela Streatfield Players' Player - Jacinta Clark & Olivia Taylor

Coach - Amber Cross Assistant Coach - Kirstie Fuller Manager - Karen Hawley

Demi Evans Leanne Grevenitz Tarsha Hawley Nakita Jackson Kristen Kessler (co-captain) Laura Rodger Jazmyn Rodwell Madeleine Taylor (co-captain) Dakota Thomas Alicia Walsh (Club captain) Madalyn Wild

Finished season in 1st place of Conference B (twelve wins, one loss) and 4th in finals

Athlete of the Year - Jazmyn Rodwell Players' Player - Kristen Kessler

2020 Premier League Under 23s

Coach - Megan Sharpe Assistant Coach - Trude Yen Manager - Sharne Johnson

Erin Asquith Samantha Chicken Jacinta Clarke Milla Evans (captain) Milly Lupo Eden Matterson Maddison Mueller Brooklyn O'Mara Zoe Peden Georgia Ray Danielle Taylor

Finished season in 2nd place of Conference B (seven wins, three losses and three draws) and 3rd in finals

Athlete of the Year - Erin Asquith Players' Player - Milla Evans

Achievements

Longest winning streak in Premier League - ten games Played 75th Premier League game for Central Coast Heart - Maddie Taylor

Coach - Amber Cross Assistant Coach - Jessica Morgan Manager - Karen Hawley

Demi Evans Leanne Grevenitz Tarsha Hawley Casey Judge Kristen Kessler Lauren Moore Laura Rodger Madeleine Taylor Dakota Thomas Alicia Walsh (captain)

Finished season as Minor Premiers (eleven wins, three losses) and Grand Final Runners up

Athlete of the Year - Alicia Walsh Players' Player - Kristen Kessler

2019 Premier League Under 23s

Co-Coach - Gimanama Crowdy Co-Coach - Megan Sharpe Manager - Kylie Rayner

Erin Asquith Elly Davidson Isabella De vivo Milla Evans (co-captain) Eliza Hand Nakita Jackson (co-captain) Erin Kessler Cassidy Matterson Brooklyn O'Mara Georgia Ray Jessie-Ellen Standen Danielle Taylor

Finished season in 5th position (seven wins, seven losses)

Athlete of the Year - Brooklyn O'Mara Players' Player - Eliza Hand

Awards

2019 Nance Kenny OAM Netball NSW Premier League Player of the Year - Madeleine Taylor 2019 Sport NSW Community Coach of the Year - Amber Cross 2019 Central Coast Sport - Active Recreation Initiative/Event of the Year - Social Twilight @ Gosford

Coach - Amber Cross Assistant Coach - Gimanama Crowdy Manager - Jenene Carling

Natarlia Bridges Sophie Buckley Demi Evans Tarsha Hawley Kristen Kessler Lauren Moore Laura Rodger Madeleine Taylor Alicia Walsh Amy Wild (captain)

Finished season in 2nd position (eleven wins, three losses) and Grand Final Winners

Athlete of the Year - Amy Wild Players' Player - Amy Wild

2018 Premier League Under 20s

Coach - Megan Sharpe Assistant Coach - Maria Hoad Manager - Jackie & Rob De vivo

Hannah Cullen Isabella De vivo Milla Evans Eliza Hand Nakita Jackson Jessica Kelly Brooklyn O'Mara Georgia Ray Jazmyn Rodwell (captain) Danielle Taylor

Finished season in 3rd position (eight wins, one draw, five losses) and Finalists

Athlete of the Year - Eliza Hand Players' Player - Milla Evans

Awards

2018 Premier League Opens Grand Final Most Valuable Player - Amy Wild 2018 Nance Kenny OAM Netball NSW Premier League Player of the Year - Amy Wild 2018 Marg Corbett OAM Netball NSW Coach of the Year - Amber Cross 2018 Central Coast Sport - Team of the Year - Central Coast Heart Opens 2018 Central Coast Sport - Coach of the Year - Amber Cross

Coach - Amber Cross Assistant Coach - Megan Sharpe Manager - Jenene Carling

Tianna Cummings Demi Evans Leanne Grevenitz Kristen Kessler Carly Leembruggen Laura Rodger Madeleine Taylor Lisa Vincze (co-captain) Alicia Walsh Amy Wild (co-captain)

Finished season in 5th position (seven wins, seven losses)

Athlete of the Year - Demi Evans Players' Player - Madeleine Taylor

2017 Premier League Under 20s

Coach - Nerida Stewart Assistant Coach - Jessica Morgan Manager - Pamela Proctor

Bronte Doorn Jacinta Clark Molly Croak Jayde Faimanu Madison Hilton (captain) Nakita Jackson Georgia Ray Claudia Rodwell Jazmyn Rodwell Caelynn Ryan Hannah Stewart Madalyn Wild

Finished season in 7th position (two wins, one draw, eleven losses)

Athlete of the Year - Madalyn Wild Players' Player - Jazmyn Rodwell & Madalyn Wild

Awards

2017 Nance Kenny OAM Netball NSW Premier League Player of the Year - Madeleine Taylor 2017 Netball NSW Umpire of the Year - Jordan Kiss

Coach - Amber Cross Assistant Coach - Megan Sharpe Manager - Jenene Carling

Tamara Black Tianna Cummings Leanne Grevenitz Kristen Kessler Jacklyn Lahari Lauren Moore Natasha Robards Kayla Sbrugnera Lisa Spencer (captain) Madeleine Taylor Alicia Walsh

Finished season in 5th position (six wins, one draw, seven losses)

Athlete of the Year - Kristen Kessler Players' Player - Madeleine Taylor

2016 Premier League Under 20s

Coach - Nerida Stewart Assistant Coach - Jessica Morgan Manager - Pamela Proctor

Lauren Baxter Bronte Doorn Demi Evans Madison Hilton (captain) Carly Leembruggen Piper Nowland Tarsha Hawley Laura Rodger Claudia Rodwell Katelyn Stansfield

Finished season in 6th position (five wins, one draw, eight losses)

Athlete of the Year - Tarsha Hawley Players' Player - Laura Rodger

Awards

2016 Nance Kenny OAM Netball NSW Premier League Player of the Year - Kristen Kessler